Friday 6th June 2025



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APPROACHING END-OF-YEAR EXAMINATIONS

Dear Parent/Carer.

As we approach the end of the academic year, I want to share information regarding the forthcoming end-of-year examinations for Year 7, Year 8, Year 9, Year 10 and Year 12 students.

The examinations will commence from the <u>week starting Monday 16th June 2025</u>, and are expected to span approximately three weeks. The timetable for Year 7-Year 10 can be found below at the end of this letter.

- For Year 7 and Year 8, all examinations will be 1 hour long. Maths and English will take place in the Hall, but all other exams will be classroom based.
- For Year 9, all examinations will be 1 hour long, except RE which will be 1 hour 45. English,
 Maths and RE will take place in the Hall only.
- For Year 10 English, Maths and Science will take place in the Hall. All other subject examinations will be classroom based.

In preparation for these crucial examinations, students should ideally have initiated their revision plans. As we move closer to the examination period, these revision efforts should intensify. We have attached a description of the assessment for each subject, and the point of contact should you have further questions.

Helpful Revision Strategies for Students:

- Identification of Topics: Understand what topics need revision for each subject. The
 information included at the end of this letter can serve as a revision guide. Additional subjectspecific information is attached to this letter.
- 2. **Active Revision**: Engage actively with your notes rather than passive reading. Techniques such as flashcards, mind maps, and post-it notes can be beneficial.
- Use Online Resources: Online videos can supplement your notes and enhance your understanding of concepts.
- 4. **Self-Assessment**: Test your knowledge through past papers or quizzes with friends. This method can highlight areas of strength and improvement.
- 5. **Rewards**: Motivate yourself with small rewards, such as a favourite snack or a break with social media.



Resourceful Websites:

- GCSE (Year 9 to Year 10): https://www.bbc.com/education/levels/z98jmp3
- KS3 (Year 7-8): https://www.bbc.com/education/levels/z4kw2hv
- All Year Groups: https://www.thenational.academy/

As well as Uplearn, SharePoint, Everlearner, Carousel and other subject specific platforms.

Prioritising Well-being:

In the build-up to the examinations, maintaining a healthy lifestyle is equally essential.

- **Sleep**: Adequate sleep is crucial. Regular sleep patterns can enhance concentration.
- **Nutrition**: A balanced diet, rich in vitamins, promotes alertness and positivity. Prioritise your five-a-day.
- Exercise: Regular physical activity can contribute to improved mental alertness and positivity.
- **Digital Detox**: Avoid using your phone close to bedtime. Winding down before sleep contributes to improved sleep quality.

Supporting Your Child:

Effective exam performance often hinges on meticulous planning. Here's how you can assist:

- Creating a Conducive Environment: Minimise stress at home to help your child focus.
 Inform everyone at home about the upcoming exams so they can be more understanding and supportive.
- Nutrition and Exercise: Ensure availability of healthy snacks and encourage regular, balanced meals. Encourage physical activity to alleviate stress.
- **Balance**: Avoid nagging or making excessive demands. Unnecessary arguments could add to the stress and hinder revision.
- Rest: Discourage late-night cramming and ensure your child gets adequate sleep. A hearty breakfast on exam mornings is also advised.

We hope these strategies will equip your child to manage their workload effectively. Rest assured, we will be offering additional revision sessions and study techniques at the Academy.

Should you have any questions or require additional information, do reach out your child's subject teacher or to info@hammersmithacademy.org or directly to me at cwalker@hammersmithacademy.org.



Wishing all our students the very best for their examinations.

Yours faithfully,

Ms Walker

Deputy Headteacher